



Plumpton College

**Plumpton College Centre for Sustainable
Food Farming & Forestry**
Course Information

Course Name:
Beef Butchery Demonstration

Tutor:
Dave Rook

Venue: Homestead Farm
Netherfield
Nr. Battle
East Sussex
TN33 9QL

Part day course

Start Time: 10 am

Finish time:
Approx. 2pm

Designed for: Any one who is interested in direct marketing or retailing beef and would like a better understanding of the cuts and butchering techniques. No previous experience needed.

Aims of the course: To gain an understanding of the different muscle groups and the preparation of cuts for sale or cooking. This course will demonstrate the cutting and preparation of a side of beef.

Typical number of delegates: 6

Course runs approximately two to three times a year

Course Timetable

10.00 am – 10.15am

Course administration/ tea or coffee/introductions

10.15 am – 10.30am

Evaluation of Carcass on the hook

10.30 – 1.30pm

Demonstration: Breaking the carcass down into muscle groups and discussing the various options for cutting and retail

1.30 pm – 2.00 pm

Summary /Questions and Answers
Tea / Coffee and Course Evaluations

What you need to bring: Hot & cold drinks are provided, but you will need to bring a packed lunch. The course venue is an unheated cutting room so please bring warm clothing when the weather is cold. You are welcome to bring a camera, pen & paper to record information.

As an ongoing precautionary measure, please ensure that items of clothing and footwear used previously on another farm, have been thoroughly cleaned.

Course Outcome: College Certificate

Follow on course suggestions:

Starting a Beef Herd, Managing a Beef Herd, Selection of Finished Livestock, Direct Meat Marketing.

**For dates and further course information please contact Plumpton College.
www.foodfarmingforestry.co.uk**

To book this course, for further information, or in case of an emergency on the day of the course please contact:

Plumpton College Centre for sustainable Food Farming & Forestry
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